



2010 Sprintin' in the Smoke 5K and One Mile Fun Run

Saturday, September 25, 2010

1 Mile Fun Run 8:00 AM • 5K Road Race 8:30 AM

Old Salem Park, Lake Oconee

[1530 Old Salem Road - Greensboro, GA 30642]

The 2010 Lake Oconee Blues and BBQ Festival is more than cooking good BBQ. 100% of the proceeds from the Festival and Road Race will be donated to Children's Healthcare of Atlanta. Children's is a not-for-profit organization, operating 3 hospitals and 16 satellite facilities. Doctors practicing at Children's Healthcare of Atlanta are able to give many kids the greatest gift they'll ever get - another chance at life. We hope you will join us in ensuring this is a successful event for a worthy organization.

Advance Registration: \$15 per individual (Advance Registration Deadline September 10, 2010)
\$20 per individual after September 10, 2010. T-shirts will be given out on Race Day only.

Awards: Wooden Cutboard Overall Male and Female • Trophies top three places in each age group

- Each Runner Must Fill Out A Registration Form -



Name: _____ Event: 5K _____ Fun Run _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Age: _____ Gender: M F _____ T-shirt size (circle one): YS YM YL S M L XL XXL

Check should be made payable to **Lake Oconee BBQ Festival**.

Mail the application and entry fees to: **Lake Oconee BBQ Festival, P.O. Box 4085, Eatonton, GA 31024**

Note: Refunds will not be made after September 5, 2010 or due to any inclement weather that occurs during the Festival.

Waiver of Liability: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, Lake Oconee BBQ Festival and Committee, Georgia Power and Kansas City Barbeque Society and volunteers associated with this event from liability. Further, I hereby grant full permission to use any photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose. I agree to abide by the rules and regulations of Lake Oconee BBQ Festival, Old Salem Park and Kansas City Barbeque Society.

Signature: _____ Date: _____

www.lakeoconeebbqandbluesfestival.com